

THE NATIONAL TRUST

For the welfare of Persons with Autism, Cerebral Palsy,
Mental Retardation & Multiple Disabilities
(Ministry of Social, Justice & Empowerment, Govt. of India)
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F. No. 33/World Autism Day/NAT/2018-19

Dated: 24th March, 2022

To,

All Registered Organization (ROs)
National Trust

Sub: Observance of World Autism Awareness Day on 2nd April 2022, Saturday.

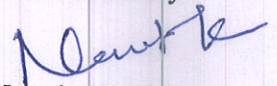
Sir/ Madam,

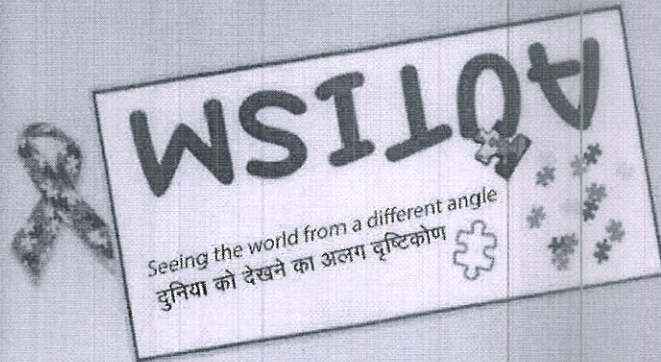
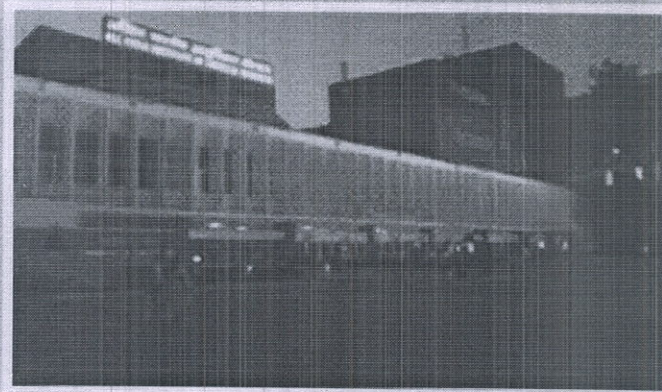
As you aware 2nd April is observed as **World Autism Awareness Day** every year. Autism typically appears during the first three years of life. The three main areas affected in Persons with Autism are- Social relationships (Interaction with people), Communication (Speaking as well as understanding what others say) and Imagination (Presence of unusual and repetitive behaviour as well as interest). The thinking and learning abilities vary from mild to average to severe. Many of Persons with Autism have made significant achievement in their life. Many of them are working also successfully in different organizations. People in large are not aware about these two conditions due to myth and lack of understanding most of these people are confined to their homes. They don't even come out for recreation or any social functioning. This leads to further deterioration of their condition. Hence, there is a great need for creating awareness in the society about Autism Disorder.

Keeping in view of the above, you are requested to organize awareness programmes in your States/UTs on 2nd April 2022 as **World Autism Awareness Day** to sensitize the community. Parents of Persons with these Disabilities may also be contacted through Virtual Meetings/ Programmes. Publicity materials on Autism are attached herewith.

With regards

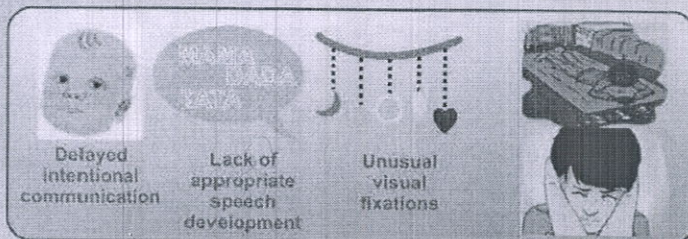
Yours Sincerely


(Navnit Kumar)
Deputy Director



ऑटिज्म से प्रभावित बच्चों को सशक्त बनाने के लिए संयुक्त प्रयास Joint effort for empowering children with autism

ऑटिज्म: एक अवलोकन, Autism: an overview



ऑटिज्म क्या है और यह क्यों होता है ?

- यह मस्तिष्क संबंधी बीमारियों का एक स्पेक्ट्रम है जिसमें बच्चों को सामाजिक संपर्क और संचार के क्षेत्र में मुश्किल होती है
- ऑटिज्म अनेक जेनेटिक तथा पर्यावरणीय कारकों के संयोजन के कारण होता है

ऑटिज्म के शुरुआती लक्षण

- नजर न मिलाना
- सामाजिक प्रतिक्रियाओं में कमी : नाम बुलाने पर प्रतिक्रिया, दूसरे लोगों की ओर देखना, देखकर मुस्कुराना, चेहरे के हाव-भाव में कमी
- स्टीरियोटापिक और संवेदी व्यवहार का बढ़ना
- बोलने, सामाजिक विकास तथा अमौखिक (इशारों से) संचार में कमी

उपचारक रणनीतियां

- ऑटिज्म एक आजीवन विकार है
- वर्तमान में ऑटिज्म के लिए कोई इलाज नहीं है
- शीघ्र चिकित्सा से इन बच्चों के जीवन की गुणवत्ता में सुधार लाया जा सकता है

सरकारी योजनाएं और सहायता

- भारत के संविधान और विकलांग व्यक्तियों के अधिकार विधायक 2014 के अनुसार, ऑटिज्म से प्रभावित व्यक्ति अनेक सरकारी योजनाओं का लाभ उठा सकता है
- इसके लिए विकलांगता प्रमाणपत्र होना अनिवार्य है। इन योजनाओं के अंतर्गत यात्रा रियायतें, स्वास्थ्य बीमा, अवास्य सुविधाएं, छात्रवृत्ति और आर्थिक गतिविधि हेतु वित्तीय सहायता आदि लाभ प्राप्त किये जा सकते हैं

What is autism and what causes autism?

- It is a spectrum of complex neurological disorders that affect individuals in the areas of social interaction & communication
- Several genes, in combination with environmental factors, may contribute to autism

What are the early symptoms of autism? When to consult doctor?

- Poor eye contact
- Decreased social responses: responses to their name, looking at other people, social smiles
- Repetitive behaviours
- Lack of expected language and social development
- Decreased nonverbal communication and gestures

Management strategies

- Autism is a lifelong disorder
- There is currently no cure for autism
- Early intervention may improve quality of life in these children

Government schemes and assistance

- In accordance with The Constitution of India and Rights of Persons with Disability Bill 2014, Several government schemes and programmes can be availed by a person with autism
- Mandatory to have disability certificate to avail benefits like travel concessions, health insurance, residential facilities, scholarships and financial incentives for self employed

जानकारी के लिए लॉग इन कीजिये: <http://www-pedneuroalims-org>

गूगल प्लेस्टोर और एप्प स्टोर से मुफ्त मोबाइल एप्प डाउनलोड करें: "Diagnostic Tool for Autism Spectrum Disorder"



The National Trust

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What are the signs of **AUTISM**?

